

Elmina B. Sewall Foundation Integrated Well-Being Forum
Portland Club, 156 State Street
September 18, 2015 9:30 a.m. - 2:00 p.m.

Desired Outcomes

The intent of the convening is to:

- Deepen our understanding of the Foundation's commitment to building connections and supporting the mutual well-being of people and environment and the ways we, in various communities, are approaching this work and what we are learning from it
- Build connections and relationships among people from different places, doing different work and having different perspectives who might have a common vision and goals

What	Who	When
Getting Grounded <ul style="list-style-type: none"> ▪ Coffee and Conversation ▪ Welcome and Context Setting ▪ Introductions and Agenda Review 	All Carol Wishcamper, Jay Espy Carole Martin	9:30 - 10:00 10:00 - 10:20
Learning from Other Spaces and Places <ul style="list-style-type: none"> ▪ Lessons, trends and stories from the field ▪ Whole Group Discussion <ul style="list-style-type: none"> ○ Clarifying questions ○ What intrigues you about what you just heard? 	Brad Gentry Carole Martin	10:20 - 10:50 10:50 - 11:20
Exploration: Learning Together <ul style="list-style-type: none"> ▪ Small Group Discussion <ul style="list-style-type: none"> ○ Based upon Brad's presentation and your early work and explorations, what ideas, connections and challenges are emerging? ○ What might you be thinking differently about? 	All	11:20 - 12:00
Lunch and Morning Small Group Debrief <ul style="list-style-type: none"> ▪ What is one "aha" or challenge that you took away from your small group discussion? 	Carole Martin	12:00 - 12:45
Continuing the Exploration <ul style="list-style-type: none"> ▪ Small Group Discussion, by Region <ul style="list-style-type: none"> ○ What are the opportunities for connecting environment and human well-being in your region? ○ Are there one or two opportunities that stand out from the rest in terms of high potential? If so, what are they? 	All	12:45 - 1:30
Wrapping Up <ul style="list-style-type: none"> ▪ Observations and takeaways from small group discussions ▪ Taking it home: Making provisions to share the learning ▪ Summary of the Day and Next Steps ▪ +/- 	All All Megan Shore Carole Martin	1:30 - 2:00
After-Party <ul style="list-style-type: none"> ▪ Time to gather and continue conversations, free-form 		2:00 - 3:30