

Dr. Ming Kuo

Dr. Ming Kuo is a nationally and internationally recognized scientist examining the impacts of the urban forest on human health. In the U.S., her work has appeared on CNN, NPR's *Fresh Air*, *The Today Show*, and *Good Morning, America*, as well as the *Washington Post*, *Boston Globe*, *New York Times*, *LA Times*, and other magazines and newspapers. Dr. Kuo's research focuses on how "green space" supports healthy human functioning, in both individuals and communities. Starting in 1993, she led a series of studies on the impacts of green spaces on human functioning in inner city Chicago. Her work has convincingly linked healthy urban ecosystems to stronger, safer neighborhoods, lower crime, reduced AD/HD symptoms, reduced aggression, and an array of other mental health indicators. Her current work examines the effects of contact with nature on physical health, especially immune function. Dr. Kuo directs the Landscape and Human Health Laboratory at the University of Illinois at Urbana-Champaign.